

*I found Rome a city of bricks and left it a city of marble.*

*~ Augustus*



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May 6 to May 10, 2024



# BUILDING A ROMAN CITY

**R**ome's vast urban sprawl is one of the amazing facets of the Eternal City, which today is strata of history. Join us as we peel back the layers to its Republican matrix to uncover a foundation blend of strategy, intelligence, economy and brute force.

On this five-day itinerary, we'll immerse ourselves in Ancient Rome, and we'll explore sites outside of the Aurelian walls including Terracina, Aquinum and Ostia Antica for different perspectives on Roman city building. We'll also delve into some of Rome's lesser known museums and sites with contemporary experts that live and breathe Ancient Rome daily. Expect more than antiquity!

**May 6\* to May10, 2024**

*\*Arrival and welcome event on May 5*

**COST: \$2500**

**Sign up by emailing [info@ancientromelive.org](mailto:info@ancientromelive.org)**

*Each tour is limited to 14 participants.*

*Payment: 50% non-refundable deposit.*

*Balance due in full on March 31, 2024.*

# ANCIENT ROME LIVE



Darius Arya is an archaeologist, scholar, lecturer and television host who has been immersed in Ancient Rome since childhood. He has a BA in Classical History from the University of Pennsylvania and a PhD in Roman Archaeology from the University of Texas (Austin). As a practicing field archaeologist, he has supervised excavations in the Rome Forum, Roman suburbs and Ostia Antica.

Darius is the founder of Ancient Rome Live, a online educational platform showcasing history and pioneering archaeology, and co-founder of 501(c)3 non-profit American Institute for Roman Culture. Immersive content is his passion and has led him to host more than 20 international documentaries for History Channel, PBS, Wondrium, RAI5, National Geographic and Discovery, as well YouTube channel @DariusArya.

*Fellow of the UNC Global Research Institute*

*Fellow of The Explorers Club*

*Fellow American Academy (2002)*

*Fulbright Scholar*

# ANCIENT ROME LIVE

## Arrival: May 5 *Arrival*

*Arrival in Rome at your leisure.*

At 6pm, we'll meet for a pleasant stroll through the centro storico, Darius' backyard, for some insights into the city's earliest urban development and its repercussions on the medieval and Renaissance city. We'll then dine at Darius' favorite Roman osteria where he will discuss the itinerary and share some favorite places to eat and shop.

Meals Included: Dinner

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## Day 1: May 6 *The Republican City*

*8:30am Meeting*

We'll start the day tracing the urban development of the city in the Republican era, concentrating in newly opened sites (such as Largo Argentina), underground sites, and the expanse of leisure complexes.

*Afternoon and evening free.*

Meals Included: Lunch

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# ANCIENT ROME LIVE

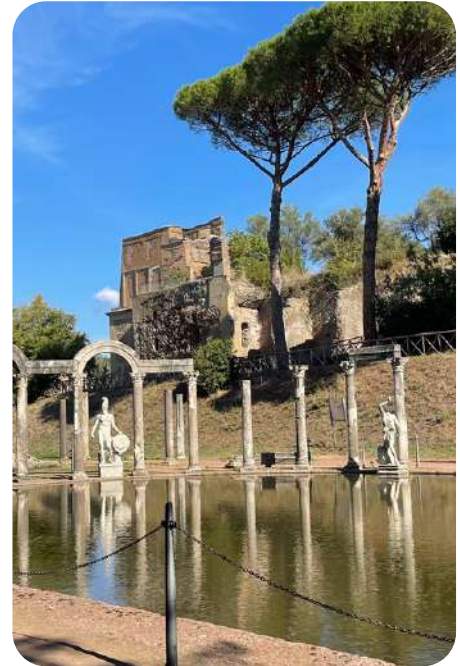
## DAY 2: May 7 *Tivoli & Palestrina*

*8:30am Meeting*

We'll head out of Rome to the extraordinary towns of Tivoli and Palestrina where we'll explore urban development and religious cult sanctuaries. We'll also step out of the Republican era for a peek into imperial Rome at Villa Adriana.

*Afternoon and evening free*

Meals Included: Lunch



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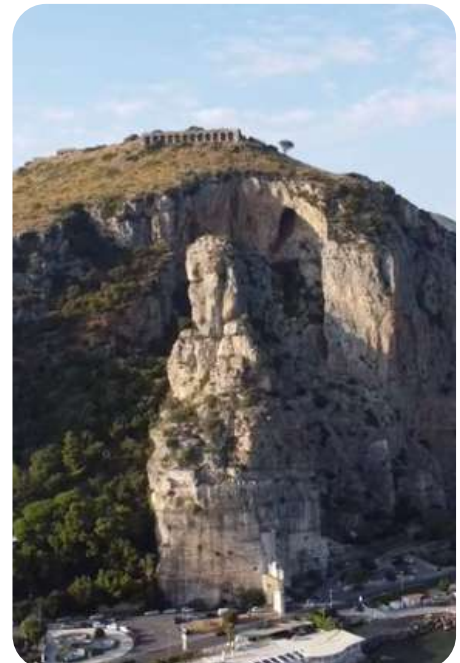
## DAY 3: May 8 *Terracina & Aquinum*

*8:30am Meeting*

The day's exploration follows the transition from Republic to Empire. Starting at the summit of Terracina with its magnificent seaside views, we'll dive into Anxur, its historic forum and sanctuaries, and then head to Aquinum, an ongoing excavation site.

*Afternoon and evening free*

Meals Included: Lunch



# ANCIENT ROME LIVE

## DAY 4: May 9 Ostia Antica

*8:30am Meeting*

Ostia Antica is a microcosm of imperial Rome and no city better reflects the urban layout of Rome than here. Darius, who for several years excavated in the archaeological park, shares an intimate look at Rome's major port city and its man-made harbor, Portus.

*Afternoon and evening free*

Meals Included: Lunch



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## DAY 5: March 10 Rome

*8:30am meeting*

Back in Rome we'll examine the key architectural spaces created in the imperial period: the imperial fora as well as the urban development of the hills of Rome, from the Aventine to Esquilne. With new museums and sites, this will be an opportunity to delve into the newest archaeology of the imperial city.

At 7pm, we will meet up for our good bye dinner.

Meals Included: Lunch, Dinner





## Inclusions

- All meals and beverages, as detailed in the itinerary
- All guided touring, admission fees, site transport and activities, as detailed in the itinerary
- Expert guides and drivers, including your host and the 24/7 support of Ancient Rome Live's partners on the ground
- Expert travel team to plan all excursion details

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## Exclusions

- Hotel Accommodations, Airport Transfers for arrivals and departures
- Meals not specified and premium or alcoholic beverages
- Optional activities and personal items and expenses
- All gratuities
- Trip insurance\* *please note that travel insurance is required*
- Custom trip planning for add-on travel is available; please inquire
- Liability for change in itinerary due to reasons beyond our control

*Itineraries may be subject to change should there be any unforeseen events or closures. We will be flexible and take advantage of our deep knowledge and network to provide the best possible experience. Uncompleted portions of the itinerary are not cause for refund.*



## Frequently Asked Questions

**Is this an academically credited course? Should I be prepared for testing?**

No, this is not a credited course nor will there be testing. That being said, Darius will share his curated reading list before you arrive and after your visit, you will receive a *Certificate of Participation*.

**What happens when I submit my deposit?**

Darius will send you a Calendly link so that you can set up a private Google Meet to talk with him one-on-one about logistics, allergies, itinerary and more. FYI - we are happy to share our suggestions for hotels, transport, et al.

**How many participants will there be?**

Up to 14 guests, and you'll meet them prior to your arrival in a group Google Meet. In April, Darius will host two 30-45 minute group chats to introduce everyone, discuss the week and field questions

**The visits are in the mornings. What is there to do in the afternoon?**

Site visits are programmed each day between 8:30 and 2pm, giving you the afternoon to explore Rome. Evenings (Monday through Thursday) are yours to enjoy and if you want a little help, we have suggestions for more sites and restaurants.

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